Café 300

**Week of September** 

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

#### **SPECIAL EVENTS:**

- NEW GRILL SPECIAL FROM THE BURGER COMPETITION (SEP. 8TH-19TH)
- **ENTER THE** SEPTEMBER TRIVIA **GIVEAWAY**

#### **UPCOMING:**

 NEW BURGER SPECIAL SEP. 22ND-OCT. 3RD

Deli Italian Panini

Grill Tom's Balkan Burger (from the

**Burger Competition**)

Taqueria Chili Spiced Rubbed Tilapia

Creamy Lemon Chicken Noodle M quo2

Vegetable, Lentil, Freekeh M

Roasted Spiced Corn M | Lentil, Salad Beet, Goat Cheese Salad M I Bar

Penne No-Nut Pesto Pasta Salad

## **Tuesday & Wednesday**

CHEF'S **TABLE** 

**HOURS** 

WEEKLY **SPECIALS** 

> Global Taco Bowl

Jerk Chicken Thigh | Adobo Shrimp | Bulgogi Marinated Mushrooms | Pineapple Salsa | Kimchi | Cucumber Salad | Pickled Red Onion | Roasted Tomato Salsa | Pickled Cabbage Slaw | Gochujang | Cilantro Lime Rice

**Breakfast** 7 AM - 10 AM

Grill Breakfast Buffet

Yogurt & Toast Bar (Closed on Fridays)

Web & Kiosk Ordering for Grill Favorites

11 AM - 1:30 PM (Grill open until 2PM)

Salad & Deli Closed on Fridays

3 convenient ways to order:

Lunch

- 1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
- 2. Online at mycafe.systopiacloud.com
- 3. Café 300 order kiosks

Food by **FLIK** 

For nutrition information and more: flikcafes-usa.com/hcsc

# TREE HOUSE

## MENU WEEK OF SEPTEMBER 8TH 2025

Coffee Bar 7 AM – 4 PM

**STARBUCKS** (Monday-Friday)

Breakfast 7 AM - 10 AM

**ORCHARD BAR** (Monday-Friday)

Walk up and order one of our FLIK Favorites or build your own smoothie Check out our Grab & Go cooler to purchase a smoothie after 10 AM

**ARBOR** (Monday-Friday)

Self-serve weighed hot breakfast buffet with new selections daily

Check our Viva Engage page for daily selections available

**CANOPY** (Monday-Thursday)

Walk up and order breakfast action station

**Breakfast Grits Bowl** 

Lunch 11 AM - 1:30 PM

**ARBOR** (Monday-Friday)

Self-serve weighed hot lunch buffet with new selections daily

Check our Viva Engage page for daily selections available

**CANOPY** (Monday-Thursday)

Walk up and order lunch action station

**BYO Tuscan Flatbread**